

Differential influence of landscape features and climate on nitrogen and phosphorus transport throughout the watershed

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Received: 16 January 2018/Accepted: 14 November 2018/Published online: 24 November 2018 © Springer Nature Switzerland AG 2018

Abstract Anthropogenic activities have led to increased transfers of nitrogen (N) and phosphorus (P) to surface waters where changes in the absolute amounts of N and P delivery, and in N:P ratios, threaten water quality. While models of riverine fluxes are increasingly good at predicting total annual nutrient loads, our understanding of which features of a watershed differentially affect N and P transport downstream is still limited. In this study, we used linear mixed models to quantify the relative transport of N and P through different landscape and limnoscape compartments (e.g. hill slopes, lakes, reservoirs,) under a variety of climate regimes over 26 years in 18 watersheds of the St. Lawrence Basin. Water

Responsible Editor: J.M. Melack.

Electronic supplementary material The online version of this article (https://doi.org/10.1007/s10533-018-0526-y) contains supplementary material, which is available to authorized users.

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Department of Natural Resource Sciences and McGill School of Environment, McGill University, Montreal, QC, Canada retention capacity and precipitation patterns were the features that most strongly influenced nutrient export from land to water, where P was preferentially retained in the landscape over N when water retention capacity was highest. Lakes and reservoirs also emerged as features that influenced nutrient fluxes, where lakes preferentially retain more P over N and reservoirs tended to export N. Factors that favor erosion, such as flashiness of precipitation and landuse change also alter N:P ratios in receiving waters, largely by mobilizing legacy sources of P.

Keywords Watershed · Nitrogen · Phosphorus · Dams · Lakes · Nutrient fluxes · Stoichiometry

Introduction

Anthropogenic activities such as urban development and the widespread use of fertilizers for industrial agriculture have led to increased transfers of nutrients to surface waters, often resulting in aquatic eutrophication at great economic cost (Carpenter et al. 1998; Dodds et al. 2009). While changes in the absolute amounts of nutrient influx influence productivity of aquatic ecosystems, alterations in N: P export ratios influence community structure (Sterner and Elser 2002) potentially favoring toxic species of cyanobacteria (Scott et al. 2013; Van de Waal et al. 2014). Models of nutrient fluxes to riverine ecosystems are becoming increasingly good at predicting total annual nutrient loads (Kroeze et al. 2012; Chen et al. 2018). However, our understanding of how various watershed features differentially affect the relative export of N versus P remains limited (Collins et al. 2017), despite our knowledge of the key differences in their biogeochemistries and elemental cycles (Maranger et al. 2018). Although previous studies have explored how climate, geomorphology, or land use affect the delivery of N or P downstream (Harrison et al. 2009; Seitzinger 2010; Howarth et al. 2012), few have specifically identified the importance of these features on the relative rates of N and P transport. Characterizing how different landscape and climatic features act as control points (Bernhardt et al. 2017), defined here as a feature that disproportionally transports or retains one nutrient over the other within watersheds, could provide guidance to maintain water quality by helping us understand how different features influence N: P export ratios.

N and P may be differentially retained within watersheds at varying time scales depending on landscape characteristics of the catchment basin and/ or the hydrological configuration of lakes and streams (i.e., limnoscape) (Soranno et al. 1999; Jarvie et al. 2013; Sebilo et al. 2013). In the catchment, for example, nitrate moves more freely through soil matrix given its higher solubility (Hill et al. 1999; Frank et al. 2000), whereas phosphate tends to be adsorbed to soil particles and is potentially often exported from watersheds in particulate form (Holtan et al. 1988; Ockenden et al. 2016). Furthermore P can accumulate for decades in agricultural soils resulting in legacy P that can continue to enter waterways decades after application (Sharpley et al. 2013). P also has no meaningful gaseous loss term, whereas a large fraction of the N can be lost to the atmosphere rapidly through denitrification (considered here as N retention), particularly in flatter watershed areas (Galloway et al. 2004; Schlesinger and Bernhardt 2013). Thus, land use together with catchment slope, land use histories, and precipitation patterns may modify relative nutrient movement (Seitzinger et al. 2006), as well as influence the delivery of different nutrient forms.

N and P continue to be retained or transported in receiving waters (Newbold et al. 1981; Wollheim 2006; Maranger et al. 2018), but as within the landscape, various limnoscape features may act as differential control points between both nutrients, and the nature of how these control points function may change over time. Gaseous N loss, for example, is heavily influenced by high water-sediment contact due to the redox conditions that favour denitrification which is why streams tend to have very high N loss rates (Mulholland et al. 2008; Wollheim 2008). Increased water residence time of rivers and lakes favours denitrification loss as well (Saunders and Kalff 2001; Seitzinger et al. 2006; Harrison et al. 2009), but lakes also promote water column P loss through sediment storage via particle settling (Kirchner and Dillon 1975; Larsen and Mercier 1976; Soranno et al. 2015). Human-made reservoirs, however, are increasingly recognized as distinctive from lakes in terms of ecological functioning (Thornton et al. 1990; Hayes et al. 2017). In terms of net removal, reservoirs retain a disproportionate amounts of P (Maavara et al. 2015) and N compared to lakes (Harrison et al. 2009), but it is not known whether they differentially influence nutrient export ratios. That said, both lakes and reservoirs can become net sources of nutrients when stores are remobilized and exported (Nowlin et al. 2005; Teodoru and Wehrli 2005; Wurtsbaugh et al. 2005; Powers et al. 2015). Thus, certain conditions, be they intrinsic (ecosystem shape) or extrinsic (land use history), may result in lentic water bodies changing how they act as control points at different moments in time.

The transport and retention of nutrients throughout the watershed are largely influenced by water residence time within a basin and soil/sediment contact rates (Vought 1994; Nixon et al. 1996; Harrison et al. 2009; Maranger et al. 2018). One metric that might capture the integrative influence of climate, geomorphology and landscape features on hydrology, and thereby influence the overall nutrient transport at the watershed scale, is the annual Runoff to Precipitation ratio (Roderick and Farquhar 2011; Zhou et al. 2015). Indeed, given equations of catchment water balance (Budyko 1974), the proportion of precipitation that reaches the river's outlet as runoff (Runoff: Precipitation, mm mm⁻¹) varies as function of precipitation, evapotranspiration, and watershed characteristics such as soil type, land use, and geomorphology. Hence, annual runoff and precipitation, considered together, either as separate complementary terms or through their ratio, are a proxy for catchment water retention

capacity, which ultimately influences nutrient delivery at the annual timescale. Wetter years and extreme precipitation events, for example, may increase downstream nutrient transfers (Howarth et al. 2006; Zhou et al. 2014), whereas years with a high frequency of extreme events may favor the delivery of more particulate forms, as evidenced by co-occurrence of high sediments/colloids together with TP loads (Heathwaite et al. 2005; Ockenden et al. 2016). But, if annual runoff is kept unchanged through greater retention of precipitation within the basin as a function of its geomorphology and different landscape and limnoscape features, then overall downstream nutrient transfers may be partially buffered, but again differentially, potentially altering N:P export ratios.

Here, we aim to assess how catchment slope, water retention capacity and climate patterns (categorized as "land to water" variables), as well as the type of lentic water body (lakes or reservoirs; categorized as "within aquatic networks" or limnoscape variables) act as differential control points to alter the relative transport of N versus P including the delivery of different chemical forms to rivers. To evaluate this, we reconstructed annual anthropogenic N and P surpluses for 18 moderately sized watersheds of the St-Lawrence Basin (1688–10,666 km²) across a gradient of land use and geomorphic characteristics and calculated annual loads of N and P at their outlet from 1986 to 2011. This study focuses on the annual fractional export of anthropogenic nutrient surpluses at watershed outlets rather than the absolute riverine nutrient loads. This allowed us to specifically evaluate how different features influence the transport of nutrients throughout the watersheds of an entire region.

Methods

Study area

The 18 watersheds used in this study drain part of the St. Lawrence River Basin and are entirely located in the province of Quebec, Canada. These watersheds range in size from 1688 to 10,666 km², have different land use and landscape features, and are subject to different climate conditions and geological properties (Fig. 1; Natural Resources Canada 2003). Watersheds on the right bank of the St-Lawrence, situated on the

Interior Plain (Fig. 1), are largely agricultural with a number of small dams; whereas basins to the north, on the left bank are located mostly on the Canadian Shield, covered largely by boreal forest, with many lakes and some with large reservoirs for hydropower. The St. Lawrence Basin, located north of 40°N, is subject to a strong seasonality that promotes snow pack accumulation in winter and an important spring freshet.

N and P budget construction (NANI and NAPI)

We constructed N and P budgets for each of the 18 watersheds (Fig. 1) at a 5 year time interval from 1986 to 2011, corresponding to agricultural census years. These budgets were linearly interpolated to estimate net anthropogenic nutrient inputs throughout the 26 year period. We quantified all known anthropogenic N and P inputs (N and P fertilizer use, biological N fixation from cultivated crops, atmospheric N deposition, P in detergents and imports of N and P in food and feed), and outputs (exports of N and P in food and feed) and used these to calculate Net Anthropogenic N and P Inputs (NANI and NAPI). Details can be found in Goyette et al. (2016) for estimates to these specific watersheds. Briefly, the NANI/NAPI model uses a mass balance approach to account for "new" anthropogenic N or P inputs into a watershed (Howarth et al. 1996; Russell et al. 2008). Fluxes of nutrients to watersheds as a function of human activities are derived largely from publically available sources of information, primarily agricultural censuses and demographic data that allow for an empirical evaluation of net estimate of input.

Riverine N and P exports

Annual riverine exports of total nitrogen (TN) and total phosphorus (TP) were estimated from 1985 to 2011 for all 18 rivers. Different chemical forms were considered: total N (TN), dissolved inorganic N (DIN; by summing NO_x + NH₃), Organic N (ON; by subtracting DIN from TN), total P (TP), total suspended P (TSP) and total dissolved P (TDP). Annual riverine N and P loads of all chemical forms (with the exception of ON) were calculated from daily discharge (Centre d'Expertise Hydrique du Québec 2018) and monthly or bi-monthly nutrient concentrations (Banque de données sur la Qualité du Milieu



Fig. 1 The 18 watersheds considered in this study. General land use categories and water quality monitoring stations (black dots) are shown

Aquatique 2018), using the LOADEST procedure (Runkel 2004) in R with package loadflex (Appling et al. 2015). LOADEST is an approach that allows for flow-weighted interpolations of the discrete concentration measurements, thus reducing bias by accounting for exceptionally high or low daily discharge events. From nine potential models tested, the best model was selected based on the corrected Akaike information criterion (AICc). For each river and each focal year, models were calibrated over a 5-year time interval (i.e., from 1994 to 1998 for the focal year 1996) before being used in combination with daily discharge to predict annual loads. When gauging stations were not located where water chemistry was sampled, discharge was estimated from sampled discharge (m³ km⁻²) that was corrected for the drainage area (km²) of the monitoring site. Mass yield (kg N or P km⁻² year⁻¹) was calculated by dividing annual load by drainage area.

Dominant chemical forms

We explored how the different chemical forms contributed to total N and P annual loads and how they varied over space and time. First, linear regressions were used to relate loads of all N and P chemical forms (TN, DIN, ON, TP, TSP and TDP) to NANI and NAPI, respectively. Secondly, we calculated the contribution of DIN to total N load (%DIN) and of TSP to total P load (%TSP) and explored how that changed with level of watershed enrichment (NANI and NAPI). Finally, we assessed how the fractional export of the different chemical forms was influenced by key spatial and temporal drivers in multiple regressions (details below in "Statistical analyses" section).

Geospatial data

Mean watershed slope was calculated from digital elevation models at 30 m^2 resolution. Surface area of

lentic water bodies (reservoirs and lakes) was retrieved from Natural Resources Canada (2003). To estimate total lake area per watershed, reservoir surface area (at full pool) was subtracted from the lentic total. Specific information on reservoirs (location, volume, area, dam height) was retrieved from Centre d'Expertise Hydrique du Québec (2018). Two morphometric variables were computed; mean reservoir depth (ResZ) and Volume Development (Dv), which characterizes water basin shapes (Kalff 2002). ResZ was calculated by dividing volume with area while Dv was calculated as three times the depth ratio (mean depth over maximum depth; Table 1). Dv values around 1.3 are representative of systems with shallow margins and a deep hole while $Dv > \sim 2$ reveal systems with flat floors and steep sides. Dam height was used as a proxy for maximum depth. ResZ and Dv were then calculated as an integrative mean per watershed. The number of dams within a basin was normalized per unit area (km⁻²) for cross comparison among watersheds.

Annual runoff was calculated as the sum of daily discharge at the outlet. The coefficient of variation (CV) of daily runoff within a year (CVflow) was used as an indicator of flow regime. Similarly, we used the CV of daily precipitation within each year (CVprec) as a proxy of flashiness of rainfall events, arguing that high CV values represent years with flashier precipitation patterns. Annual and daily precipitation were obtained for the period of the present study (1986-2011) at a spatial resolution of 10 km using thin plate smoothing splines (McKenney et al. 2011). The annual water balance of catchments (or catchment water retention capacity) was estimated as a single variable through the annual Runoff to Precipitation ratio (R:P; Table 1). Calculations of all geospatial variables were conducted using ArcGIS 10.0.

Statistical analyses

To assess the different retention patterns and pathways of N and P through the landscape, we evaluated which set of predictors best explained fractional N and P export. Fractional export is defined as the annual load of N or P exported at the watershed outlet relative to total "new" anthropogenic N or P inputs to that watershed within the same year (NANI or NAPI). In order to identify the factors that most strongly influenced fractional export, we used linear mixed models (LMMs; Zuur et al. 2009), where intercepts and/or slopes were set to vary between "Watersheds" or "Years" (as random factors). The random factor in LMM controls for the hierarchical structure of the dataset. This allowed us not only to correct for pseudoreplication, but to explore the spatial and temporal structure of the data independently by centering all explanatory variables within groups (watersheds or years) as suggested by Enders and Tofighi (2007). Details are described and exemplified in the Supplementary Information section (see Fig S1). Briefly these models estimate the mean effect of each selected predictor (1) across all years (years set as random), thus revealing the main drivers of spatial variability and (2) across all watersheds (watershed set as random), thus revealing main drivers of temporal variability. All variables were considered as potential predictors of spatial variability with the exception of CVflow and CVprec. Instead, the latter variables were used to capture the influence of storm events on nutrient transport within a given watershed, and so were used to explain temporal variability only. Damrelated variables and Lakes were not tested in temporal models as these variables were fixed throughout the study period (Table 1). However, we tested how the density of lentic waters (lakes and reservoirs proportional area within watersheds) could buffer the impact of inter-annual changes in climate (annual runoff and flashiness) on fractional export by comparing the potential different responses across watersheds using LMM (details in SI).

One disadvantage of LMM is that it does not specifically account for alternative model structures, which may affect model coefficients. To assess the sensitivity of our models, we compared our final LMMs to a partial least square (PLS) approach (Carrascal et al. 2009) that explicitly accounted for alternative model structures. Results of this comparison showed that the two approaches led to very similar results, supporting our choice to use LMM. Prior to conducting our analyses, we used variance inflation factor (VIF) analysis to identify which independent variables were collinear (Graham 2003; Blanchet et al. 2008). VIF values greater than 5 or 10 suggests autocorrelation (Mason et al. 2003), and a threshold of 5 was used in this study to remove collinear variables (Tables S1). The random structures of LMMs were identified and selected first, resulting in models with varying intercepts only. This was

Symbols	Description	Units	Source
	Information used to calculate some var	riables conside	red in mixed models
WA LenticA	Watershed area Lentic water area	km ² km ²	. Calculated from geospatial data ¹
#Dams ResA ResVol maxZ	Number of Dams Reservoir max area Reservoir volume Maximum depth estimated from dam height	# m ² m ³ m	- CEHQ ³
LakeA	Lake area	km ²	LakeA = LenticA - ResA*10 ⁶
NANI NAPI	Net anthropogenic N inputs Net anthropogenic P inputs	kg km ⁻² yr ⁻¹ kg km ⁻² yr ⁻¹ \int	- Goyette et al. (2016)
TN	riverine TN export	kg km ⁻² yr ⁻¹	Calculated herein from BQMA ²
TP	Variables considered as fixed	kg km ⁻ yr ⁻ J	
	Fractional N export	%	ErN = river TN load/NANI
FrP	Fractional P export	%	FrP = river TP load/NAPI
spDams	Dam density	# km⁻²	spDams = #Dams/WA
ResZ	Mean of reservoirs mean depth within watersheds	m	ResZ = mean(ResVol/ResA)
Dv	Mean of reservoirs developpment volume within a watershed	m ³	Dv = mean(ResZ/maxZ*3)
Lakes	Percentage watershed area as lakes	%	Lakes = LakeA/WA
Slope	Watershed mean slope	o	Calculated from geospatial data ¹
Runoff	Annual runoff	mm	Calculated from CEHQ ³
Prec	Annual precipitation	mm	McKenney et al. (2011)
R: P	Annual runoff to precipitation ratio	%	R: P = Runoff/Prec
Тетр	Mean annual temperature	°C	McKenney et al. (2011)
CVflow	CV of daily discharge per watershed per year	unitless	Calculated from CEHQ ³
CVPrec	CV of daily precipitation per watershed per year	unitless	McKenney et al. (2011)

Table 1 Variables tested in multiple regression models (lower table), symbols, units and data sources

^aNatural Resources Canada (2003)

^bBanque de données de la Qualité du Milieu Aquatique (2018)

^cCentre d'Expertise Hydrique du Québec (2018)

followed by a backward selection of predictor variables (fixed effects), using the corrected Akaike information criterion (AICc) to assess model performance (Zuur et al. 2009). All variables were logtransformed to meet normality assumptions of linear regression and fully standardized to allow comparison of model coefficients as indicators of the relative strengths of predictors. Since LMM is fitted with maximum likelihood and does not provide a traditional R^2 , *Pseudo-R*²s were calculated following Nakagawa and Schielzeth (2013).

We compared N and P models by evaluating the difference in the effect size of each driver. This was done by comparing standardized regression coefficients of specific model terms. To assess significant differences, the comparison was done using the standard errors of each coefficient to calculate z scores and p values (Cohen et al. 2013). Additionally, variables not selected in the backward selection approach were tested in alternative models to explore their potential influence on N and P export. All analyses were conducted in R and LMM were fitted following (Zuur et al. 2009) using restricted maximum likelihood in the lme4 package (Team 2013; Bates 2014).

As a preliminary evaluation of watershed sensitivity to inter-annual changes, the variability in fractional N and P export was calculated through standard deviation of fractional export within each watershed. To remove long term trends and focus the analysis on inter-annual variability only, we conducted linear regressions between log-transformed fractional export and time (years) for each watershed and kept the residuals. We then calculated the standard deviation of those residuals (detrended data) within each watershed.

Results

Relation between NANI/NAPI and river nutrient loads

Riverine loads of TN and TP were well predicted by NANI ($R^2 = 0.62$) and NAPI ($R^2 = 0.68$), respectively (Fig. 2a, b). Fractional N and P export, however, varied both across watersheds and among years within a watershed (Fig. 2c, d). Mean fractional export over the 26 year period ranged from 16 to 69% across all watersheds for N (overall mean of 30%) and from 5 to 49% for P (overall mean of 16%; Table 2; Fig. 2c, d), thus highlighting differences in nutrient retention among basins. We also observed inter-annual variability in fractional export within watersheds. On average across all watersheds, standard deviation of fractional export over time (detrended data) was 0.25 for N (range 0.15-0.52) and 0.37 for P (range 0.19-0.51), indicating that inter-annual variability in riverine export was greater in some watersheds than others, and more so for P. Disproportionately large transfers were observed in some years where export exceeded net annual inputs (163% and 187% for N and P, respectively), whereas in other years, fractional export was as low as 2% and 8% for N and P, respectively.

Range of independent variables

The 18 watersheds used in this study varied considerably in terms of climate, geomorphology, land-use, impoundment density as well as the differential morphometry of reservoirs (Table 2). This wide range allowed us to explore which features more strongly influence the relative retention or export of both nutrients. In terms of human made changes in hydrologic flow, dam density ranged from one dam every 4 km² of drainage area to approximately one dam per 100 km². Overall reservoir mean depth (ResZ) varied from 1.82 to 5 m across watersheds, and Dv of reservoirs, from 1.43 to 2.89 suggesting not only a diversity in depth, but also in water basin shape. While the long term mean of annual Precipitation did not vary much among watersheds (overall mean of ~ 1142 mm; CV of 7%), annual Runoff varied considerably, from 607 to 1115 mm (Table 2) highlighting large differences in annual water retention capacity across basins (R: P ratios ranging from 0.53 to 0.83). Mean Slope also varied across watersheds ranging from 1.7 to 8° (Table 2). The VIF analysis revealed strong autocorrelation of R: P with both annual Runoff and Precipitation (Tables S1 and S2). R: P was therefore excluded in the first round of backward selection to identify the best models of fractional export, yet was tested in alternative models. In terms of response variables, fractional N and P exports varied much more over all years and watersheds (CV of 63% for N and 89% for P) than the molar N: P ratio (CV of 47%). This low variability of N: P



Fig. 2 Log-Log Relationships between riverine N or P loads (Kg N or P km⁻² year⁻¹) and net anthropogenic N or P inputs to watersheds (NANI/NAPI; Kg N or P km⁻² year⁻¹), **a** and **c** respectively. Regressions were fitted using linear mixed models (LMM) with "Years" as random factors varying between intercepts only. Variability in fractional N or P export

ratios is likely due to the high collinearity of N and P loads (Fig S2) where for high riverine loads of N, P was also highest.

Factors influencing fractional nutrient export (downstream transport) across space

We characterized which variables (Table 2) best described the different fractional N or P export across space. Although, we were not able to explain any of the changes in N: P ratios likely due to a lack of statistical power resulting from low variability among sites (Table 2), our models of N and P fractional export included the same set of six independent variables (Table 3). Although dam density was not



across years and in different watersheds is explicitly shown on right panels; **b** and **d** respectively. Colors in **a** and **c** are related to their associated watersheds identified in **b** and **d**. The box delimits the interquartile range (IQR; 25th to 75th percentiles) of the distribution, while whiskers span 1.5 times the IQR and dots represent outliers

statistically significant in the P model, we opted to compare these same six variables, since the PLS analysis, which accounts for alternative model structures, led to similar results with regards to relative slope coefficients, thus supporting our comparison of coefficients between N and P models frN6 and frP6 in Table 3, respectively. Comparing the slope coefficients of each driver between N and P models allowed us to consider their relative influence on downstream transport of both nutrients. In terms of climate related variables, the annual runoff entered both models with similar slope coefficients (0.31 and 0.32 for N and P, respectively), highlighting increased nutrient transfers to surface waters in wetter regions (Table 3; Fig. 3). Annual precipitation entered both models in addition

			Sp	atial			S ₁	atial &T	emporal		Tempor	la'						M	ue
Watershed name	Area (km ²)	#dams	Reservoir Mean	Dv	Lake area	Slope (°)	Runoff (mm)	Prec (mm)	R:P	Temp (°C)	CVprec C	Vflow	I NANI	Iden	TN export e	TP xport	Fractional export (%)	concer (mg	tration L ⁻¹)
			depth (m)		(km ²)	2	Ĵ	Ì		-	(CV)			(Kg km	⁻² yr ⁻¹)		N	z	Ь
Batiscan	5023	131	2.00	1.83	553	5.5	816	1178	0.69	6.57	162	95	1009	115	250	22	24.7 19.1	0.278	0.024
Bécancour	2567	54	3.70	2.89	26	3.2	769	1175	0.65	7.84	156	132	2911	573	626	54	21.5 9.4	0.892	0.074
Chaudière	6600	220	2.15	2.09	462	3.5	713	1160	0.61	7.9	179	153	2682	561	517	55	19.3 9.9	0.736	0.078
du Lièvre - total	7099	218	5.00	2.18	426	5.1	866	1023	0.85	7.67	189	69	609	4	125	6	20.5 20.4	0.146	0.01
du Nord	2224	543	2.49	2.37	133	6.4	763	1110	0.68	8.36	184	118	930	92	611	38	65.8 41.0	0.799	0.051
Etchemin	3936	183	2.12	1.85	394	3.4	837	1196	0.70	7.83	196	132	3847	795	883	70	22.9 8.8	1.054	0.084
Jacque-Cartier	3191	124	2.66	2.28	447	7.6	1115	1347	0.83	6.65	198	101	973	118	460	25	47.2 21.4	0.325	0.018
L'Assomption	5204	746	2.64	2.31	1197	4.9	654	1082	0.60	8	183	127	2948	622	627	49	21.3 7.9	0.971	0.076
Loup	3289	248	2.42	2.19	789	5.3	596	1077	0.55	6.9	186	124	2050	409	327	52	15.9 12.7	0.241	0.038
Nicolet	1692	36	1.95	1.43	344	2.3	778	1137	0.68	7.98	176	151	3837	790	1260	81	32.8 10.2	0.753	0.048
Nicolet Sud ouest	1688	32	1.82	1.66	332	2.1	750	1123	0.66	7.85	179	148	3688	723	686	76	25.8 9.6	0.618	0.047
Petite Nation	2189	47	1.85	1.57	153	5.6	607	1079	0.56	7.57	181	89	728	54	233	15	32.0 27.3	0.387	0.024
Rouge	5549	219	2.14	2.11	333	6.4	705	1108	0.63	8.21	183	91	926	91	217	19	23.5 21.1	0.307	0.027
Saint-François	10666	460	2.61	1.84	320	2.1	877	1131	0.77	8.15	184	88	863	195	592	49	68.5 25.1	0.682	0.055
Sainte-Anne	2758	113	2.17	2.18	55	8.0	911	1301	0.70	6.88	170	115	1169	151	226	19	19.4 12.4	0.182	0.015
Upper Lièvre	7099	111	4.55	1.80	462	5.1	659	1023	0.65	7.67	189	69	609	4	194	11	31.8 24.8	0.294	0.017
Upper Saint-François	8255	369	2.68	1.82	248	3.9	877	1194	0.73	7.97	176	88	1735	283	409	26	23.6 9.0	0.458	0.028
Yamaska	4626	287	2.70	2.09	1203	1.7	599	1116	0.53	8.09	176	151	7885	1838	1890	76	24.0 5.3	3.164	0.163

 Table 2
 Average of different watershed characteristics over the study period (1985–2011)

Bolded variables were tested as predictors of either spatial or temporal variability (or both) in fractional N and P export

to annual runoff and was negatively correlated with fractional export. Accounting for the amount of runoff, the precipitation term was significantly stronger for P (-0.32) than for N (-0.16) (p < 0.001; Fig. 3). Mean watershed slope had a strong positive effect on the fractional export of P (coefficient of 0.27), highlighting increased transfers in steeper watersheds. Conversely, a negative correlation was observed in the case of N (coefficient of -0.08), highlighting accentuated downstream transfers of N in flatter watersheds.

In terms of processing within aquatic networks, our results showed that deeper reservoirs increased the retention of both nutrients with no significant difference in the strength of that effect (slope coefficient of ResZ = -0.19 and -0.24 for N and P, respectively; Table 3; Fig. 3). In opposition, the specific number of dams (per km⁻²) showed positive correlations with fractional N export yet no significant relationship was observed in the case of P. Finally, lakes on the landscape retained significantly more P (p = 0.024) given that the slope coefficient for P (-0.24) was twice that of N (-0.12).

In alternative models (Table S2), R: P was tested as a substitute to both Runoff and Precipitation and showed a positive correlation (p < 0.001) with fractional nutrient export, highlighting increased downstream nutrient transfers in watersheds with lower annual water retention capacities (high R:P). However, the N and P models that included Runoff and Precipitation as separate terms (Table S2) were stronger (lower AIC), although for N that difference was minimal ($\Delta AIC = 2$; Tables 3, S3). Also, as a substitute to ResZ, Dv entered both N and P models as a significant predictor (at $\alpha = 0.05$) of fractional export, showing that bowl-shaped reservoirs with limiting areas of riparian shallow waters promoted nutrient retention (Table S2). This effect was slightly stronger (p = 0.08) for P (coefficient of -0.18) than for N (-0.13).

Factors influencing inter-annual variability in downstream transfers of nutrients

We characterized which variables (Table 2) best described the different fractional N or P export over time. The best models of N and P fractional export included *Runoff* and *CVflow* only, but for N, the latter variable was only significant at p = 0.09 level

(Table 4; Fig. 4). The slope coefficient for annual Runoff was significantly higher (p = 0.002) for P (0.20) than for N (0.13) highlighting a greater influence of water yield on P transport (Fig. 4). The positive slope coefficients of flow regime (CVflow; 0.02 and 0.07 for N and P, respectively; Table 4 and Fig. 4) suggested that, for a same amount of annual runoff, flashier discharge patterns promoted the export of both nutrients, but this effect was more pronounced for P(p = 0.050; Fig. 4). With regards to the potential effect of lakes and reservoirs at buffering the impact of inter-annual changes in climate (annual runoff and flashiness) on fractional N and P export, we observed no statistically significant influence through our additional analysis, but a slight influence on P retention was observed (SI; Table S3 and Fig S3).

Riverine export of the different N and P forms

Loads of the different N and P forms were also well predicted by NANI and NAPI (Fig S4). TSP and TDP showed a good fit with NAPI (R^2 = 0.55 and 0.48, respectively) yet TP had the strongest relationship (R^2 = 0.68). In the case of N, NANI was much better at predicting DIN (R^2 = 0.64) and TN (R^2 = 0.62) rather than Org. N (R^2 = 0.20; Fig S4). The relative proportion of the different chemical forms to total loads appeared to vary both over space and time (Fig S5). As an overall mean, 65% of total P was exported as TSP with low variability across watersheds (CV = 12%) while DIN dominated N exports with an overall mean of 60% and higher variability (CV = 27%; Fig S6).

Spatial variability in the dominant chemical forms

The contribution of DIN to total N riverine load increased with the level of anthropogenic N surpluses however no such pattern emerged for P (Fig. 5). We then tested how annual *Runoff* and *Precipitation* (previously identified as dominant drivers of spatial variability in both fractional TN and TP export; see section "Factors influencing fractional nutrient export (downstream transport) across space"), influenced the delivery of the different chemical forms. Both variables entered the models as significant predictors in all cases (Table 5). Comparison of coefficients showed that water retention capacity (greater Precipitation given a same amount of Runoff in different watersheds) may have more strongly influenced the

Table 3	Linear mixed	1 models of spati	al variability o	of fractional N (A) and P (B) ex	port using a b	ackwards-stepwise	selection base	d on AIC			
Models	Intercept	τ	Runoff	Prec	ResZ	Dams	Natershed Slope	Lakes	Dv	d	AIC	BIC
(A) Nitrog	3n											
FrN0	- 1.33 (0.03)	0.12 (0.06-0.18)	х	x	х	x		x	x	0.47 (0.44-0.5)	705	718
FrN1	- 1.33 (0.03)	0.12 (0.07-0.18)	0.165 (0.019)	х	x	×		x	х	0.44 (0.41–0.47)	649	999
FrN2	- 1.33 (0.03)	0.13 (0.07-0.18)	0.255 (0.025)	- 0.139 (0.025)	х	x		х	х	0.43(0.4-0.46)	630	651
FrN3	- 1.33 (0.03)	0.13 (0.08-0.18)	0.320 (0.025)	- 0.199 (0.025)	- 0.131 (0.019)	×		x	x	0.41 (0.39–0.44)	598	623
FrN4	- 1.33 (0.03)	0.13 (0.08-0.19)	0.334 (0.024)	- 0.203 (0.024)	- 0.126 (0.019)	0.083 (0.018)		х	х	0.40 (0.38–0.43)	586	616
FrN5	- 1.33 (0.03)	0.13 (0.08-0.19)	0.339 (0.024)	- 0.197 (0.024)	- 0.125 (0.018)	0.096 (0.018)	- 0.051 (0.018)	x	×	0.40 (0.38–0.43)	587	621
FrN6	- 1.33 (0.03)	0.13 (0.08- 0.19)	0.313 (0.025)	- 0.164 (0.025)	- 0.192 (0.024)	0.150 (0.021)	- 0.081 (0.019)	- 0.123 (0.028)	x	0.40 (0.37-0.42)	579	617
FrN7	- 1.33 (0.03)	0.13 (0.08–0.19)	0.309 (0.025)	- 0.152 (0.026)	- 0.148 (0.039)	0.155 (0.021)	- 0.073 (0.02)	- 0.095 (0.035)	- 0.04 (0.03)	0.39 (0.37–0.42)	584	626
Models	Intercept	L	Watershed Sl	ope Runoff	Prec	ResZ	Lakes	Dams	Dv	b	AIC	BIC
(B) Phosph	orus											
FrPO	- 2.01 (0.04)	0.16 (0.07-0.26)	х	х	х	х	х	х	x	0.70 (0.65–0.74)	1104	1117
FrP1	- 2.02 (0.04)	0.17 (0.1–0.27)	0.293 (0.028)	х	×	x	x	х	x	0.63 (0.59–0.67)	1014	1031
FrP2	- 2.02 (0.04)	0.18 (0.11–0.27)	0.277 (0.025)	0.123 (0.02	8) x	х	х	х	x	0.62 (0.58–0.66)	1003	1024
FrP3	- 2.01 (0.04)	0.18 (0.11–0.27)	0.299 (0.026)	0.339 (0.03	4) - 0.338 (0.03)	5) x	x	х	x	0.57 (0.53-0.60)	925	950
FrP4	- 2.01 (0.04)	0.19 (0.11–0.27)	0.300 (0.025)	0.389 (0.03	7) - 0.385 (0.03	7) - 0.1 (0.02'	x (,	х	x	0.56 (0.52-0.59)	919	948
FrP5	- 2.01 (0.04)	0.19 (0.12-0.27)	0.267 (0.024)	0.32 (0.036) - 0.319 (0.03	6) - 0.24 (0.0)	$(3) - \ 0.233 \ (0.033)$	х	x	0.53 (0.50-0.57)	880	914
FrP6	- 2.01 (0.04)	0.19 (0.12-0.27)	0.265 (0.027)	0.32 (0.036	(0.03) - 0.319 (0.03)	7) - 0.24 (0.0)	$(5) - \ 0.236 \ (0.041)$	0.004 (0.03)	x	0.53 (0.50-0.57)	887	925
FrP7	- 2.01 (0.04)	0.19 (0.12-0.27)	0.270 (0.028)	0.318 (0.05	7) - 0.312 (0.03)	8) - 0.21 (0.0)	$(6) - \ 0.220 \ (0.05)$	0.007 (0.03)	- 0.03 (0.04)	0.53 (0.50-0.57)	893	936
All varia term (τ) models g *Standar	bles were log- * and model r iven lower A deviation of	transformed and esiduals $(\sigma)^{**}$ w IC. Variables not the varying year	clustered by y ith their associ t included in a r-specific inter	ear (see method ated 95% CI, as model are repri- cepts around the	s for details). M well as AIC and esented with an e average	odel coefficien 1 BIC. Sample x	ts and associated s size was 527 for a	tandard errors Il models. Moo	(SE) are prese dels shown in	inted, along with bold represent p	the ran otential	best

**Standard deviation of residuals

Fig. 3 Differential effects of regional variables on N versus P fractional export. Slope coefficients of predictor variables in spatial N and P models (frN6 and frP6 in Table 3, respectively) are presented with their 95% confidence intervals as error bars, following the stepwise selection order of the N model. Asterisks (*) indicate a significant difference between N and P slope coefficients (p $< 0.001^{***}$, p < 0.01**, p < 0.05*)



retention of particulate forms, particularly for P (coefficient of -0.28 for TSP relative to -0.23 for TDP).

Inter-annual variability in the dominant forms

In terms of temporal variability, wet years appeared to favor the export of the dominant N and P forms, DIN and TSP. This inter-annual variability in the relative contribution of the chemical forms was also apparent in Fig. 5, with data from a single watershed, represented by a single colour, being spread along the y axis. We therefore tested how annual Runoff and CVflow (previously identified as the main drivers of temporal variability in fractional TN and TP exports; see section "Factors influencing inter-annual variability in downstream transfers of nutrients"), influenced the export of the distinct chemical forms. Both variables entered the models as significant predictors of all forms (Table 6). Comparing coefficients, flashy discharges (high CVflow) favored downstream transfers of particulate (TSP and Organic N) over dissolved forms (DIN and TDP; Table 6), and this pattern was particularly pronounced for P (coefficient of 0.14 for TSP vs. 0.06 for TDP).

Discussion

We used an integrative empirical approach to quantify the relative transport of N and P through different landscape and limnoscape compartments as well as under different climate regimes in order to evaluate the differential impact of these drivers on riverine fluxes. Identifying where and how these various control points differentially retain N and P within a watershed and the aquatic network can improve nutrient management in linked terrestrial-aquatic systems. This study focuses on the annual fractional export of nutrient surpluses at watershed outlets rather than the absolute riverine nutrient loads. Given this focus, we evaluate more specifically how different control points influence the relative transport of anthropogenic N and P throughout watershed. We found that precipitation patterns and water retention capacity within the landscape (which would include evaporation and transient water storage > 1 year) were the features that most strongly influenced nutrient export from land to water at the annual timescale, whereas lakes and reservoirs emerged as features within the aquatic network that influenced retention. More importantly, landscape and climate features as well as the presence of lakes altered the relative fluxes of N and P downstream. By empirically identifying the magnitude of how each driver or control point influences the relative transport of each nutrient, we provide valuable information of their integrative impact on the potential N: P ratios in receiving waters.

 Table 4
 Linear mixed models of temporal variability in downstream export of anthropogenic N and P identified using a backwards-stepwise selection based on AIC

Models	Intercept	τ	Runoff	CVflow	temp	σ	AIC	BIC
Nitrogen								
FrN0	- 1.30 (0.09)	0.39 (0.28-0.53)	х	х	х	0.29 (0.27-0.31)	270	283
FrN1	- 1.30 (0.09)	0.39 (0.28–0.53)	0.121 (0.012)	X	X	0.26 (0.25-0.28)	181	198
FrN2	- 1.30 (0.09)	0.39 (0.28-0.53)	0.129 (0.012)	0.023 (0.012)	х	0.26 (0.25-0.28)	186	208
FrN3	- 1.30 (0.09)	0.39 (0.28-0.53)	0.129 (0.012)	0.024 (0.012)	0.007 (0.012)	0.26 (0.25-0.28)	195	221
Phosphor	us							
FrP0	- 1.93 (0.14)	0.62 (0.45-0.86)	х	х	х	0.42 (0.4–0.45)	667	680
FrP1	- 1.93 (0.14)	0.62 (0.45-0.86)	0.175 (0.017)	х	х	0.38 (0.36-0.41)	578	595
FrP2	- 1.93 (0.14)	0.62 (0.42–0.86)	0.198 (0.018)	0.066 (0.018)	X	0.38 (0.35–0.4)	573	594
FrP3	- 1.93 (0.14)	0.62 (0.45-0.86)	0.198 (0.018)	0.065 (0.018)	- 0.009 (0.017)	0.38 (0.35-0.4)	581	606

All variables were log-transformed and clustered by watershed (see methods for details). Model coefficients and associated standard errors (se) are presented, along with the random term (τ)* and model residuals (σ)** with associated 95% CI, AIC and BIC. Sample size was 527 for all models. Models shown in bold represent potential best models given lower AIC. Variables not included in a model are represented with an x

*Standard deviation of the varying watershed-specific intercepts around the average

**Standard deviation of residuals



Fig. 4 Differential effects of inter-annual variables on downstream export of N and P. Slope coefficients of predictors in the best temporal N and P models (identified in Table 4) are presented with their 95% confidence intervals as error bars. Stars (*) indicate if the slope coefficient of a given predictor was significantly different for N and P ($p < 0.01^{**}$, $p < 0.05^{*}$)

Nutrient transport and the role of precipitation patterns/flow regimes

Overall, fractional export of N was greater than that of P (Fig. 2), highlighting the more labile and lithophilic properties of N and P, respectively (Green and Finlay 2010). Indeed, nitrate (NO_3^-) is highly soluble and moves much more freely in soils and aquatic networks than phosphate (PO_4^+) which tends to sorb to soil particles (Holtan et al. 1988). Greater fractional export

of N as compared to P has been previously shown at the watershed scale of multiple basins in the Baltic Sea in Europe (Hong et al. 2012) and St. Lawrence River in North America (Goyette et al. 2016). It has also been demonstrated that a higher proportion of agricultural activity as well as the agricultural type within the watershed tends to increase N concentrations relative to P in lakes (Arbuckle and Downing 2001; Collins et al. 2017). Annual runoff was the main driver of fractional export for both N and P at the basin scale (Figs. 3, 4). Given that fractional export was partially determined through daily discharge, this result is not surprising. Nevertheless, interesting patterns emerge given the intimate relationship between nutrient and water movement. Wet years resulted in higher loads of both nutrients, however the forms that entered differed: N entered predominantly as dissolved inorganic N (DIN), given its higher solubility, whereas P entered as total suspended P (TSP), which is typically bound to particles, likely as a function of erosion. Although this has not been demonstrated conclusively, studies from the U.K. (Ockenden et al. 2016) and Northern U.S. (Green et al. 2007) strongly support this latter possibility. Some studies have also reported increased dissolved P loads as a function of climate, even in places where buffers

Models	Intercept	τ	Runoff	Prec	σ	dAIC	dBIC	n		
Nitrogen										
TN	- 1.32 (0.03)	0.12 (0.07-0.18)	0.25 (0.03)	- 0.14 (0.03)	0.42 (0.4–0.45)	92	83	527		
DIN	- 1.74 (0.09)	0.12 (0.06-0.19)	0.21 (0.03)	- 0.10 (0.03)	0.48 (0.45-0.51)	50	41	500		
ON	- 2.06 (0.06)	0.24 (0.16-0.35)	0.30 (0.04)	- 0.12 (0.04)	0.65 (0.61-0.7)	56	47	470		
Phosphorus										
TP	- 2.01 (0.11)	0.16 (0.09-0.26)	0.32 (0.04)	- 0.28 (0.04)	0.65 (0.61-0.69)	165	157	527		
TDP	- 3.42 (0.09)	0.41 (0.3-0.57)	0.31 (0.05)	- 0.23 (0.05)	0.76 (0.71-0.81)	41	33	501		
TSP	- 2.62 (0.11)	0.56 (0.43-0.77)	0.32 (0.05)	- 0.28 (0.05)	0.74 (0.7-0.79)	47	39	500		

Table 5 Linear mixed models of spatial variability in downstream export of different N and P chemical forms

All variables were log-transformed and clustered by year (see methods for details). Model coefficients and associated standard errors (SE) are presented, along with the random term (τ)* and model residuals (σ)** with associated 95% CI. Delta AIC and BIC relative to null models (that included varying intercepts only) are presented, as well as models sample sizes (n)

*Standard deviation of the varying year-specific intercepts around the average

**Standard deviation of residuals



Fig. 5 a Contribution of DIN to total annual N riverine loads relative to NANI (Kg N km⁻² year⁻¹), and **b** contribution of TDP to total annual P riverine loads relative to NAPI (Kg P km⁻² year⁻¹). Colors indicate the different watersheds (see Fig. 2)

have been restored (Joosse and Baker 2011); however we saw no significant increases in dissolved P export.

In terms of inter-annual variability, wet years favored disproportionate P delivery compared to N (Fig. 4), again likely because of erosion of P accumulated in different landscape compartments. More flashy daily discharge (*CVflow*) within a year also favored P export relative to N through the transport of particulate forms, however this pattern was not as strong as anticipated. One possible explanation is that LOADEST models are regression-based and this may underestimate strong nutrient pulses under extreme precipitation events. This could explain why our indices of flow regime or flashiness of precipitation patterns (*CVflow* and *CVPrec*) did not emerge more strongly in our analyses. Despite this potential short-coming, our findings support previous work showing that P transport from watersheds are generally more

Table 6 Linear mixed models of temporal variability in downstream export of different N and P chemical forms

Models	Intercept	τ	Runoff	CVflow	σ	dAIC	dBIC	n
Nitrogen								
TN	- 1.30 (0.09)	0.38 (0.28-0.53)	0.13 (0.01)	0.02 (0.01)	0.26 (0.25-0.28)	544	536	527
DIN	- 1.75 (0.1)	0.44 (0.33-0.63)	0.15 (0.01)	0.03 (0.01)	0.25 (0.24-0.27)	633	624	500
ON	- 2.04 (0.11)	0.49 (0.36-0.71)	0.10 (0.03)	0.07 (0.03)	0.52 (0.49-0.56)	13	4	470
Phosphore	us							
TP	- 1.92 (0.14)	0.60 (0.45-0.86)	0.20 (0.02)	0.07 (0.02)	0.38 (0.35-0.40)	583	575	527
TDP	- 3.31 (0.16)	0.70 (0.52-1.01)	0.05 (0.05)	0.06 (0.05)	0.57 (0.54-0.61)	305	297	501
TSP	- 2.54 (0.11)	0.65 (0.48-0.95)	0.14 (0.03)	0.14 (0.03)	0.71 (0.67-0.76)	100	82	500

All variables were log-transformed and clustered by watershed (see methods for details). Model coefficients and associated standard errors (SE) are presented, along with the random term (τ)* and model residuals (σ)** with associated 95% CI. Delta AIC and BIC relative to null models (that included varying intercepts only) are presented, as well as model sample size (n)

*Standard deviation of the varying watershed-specific intercepts around the average

**Standard deviation of residuals

episodic than that of N (Green and Finlay 2010), particularly with increasing storm events (Ockenden et al. 2016; Carpenter et al. 2017) and during spring freshets (Cooke and Prepas 1998). Our work also provides empirical evidence that erosion influences N delivery, albeit to a lesser extent than P, through mobilization of particulate organic N.

Nutrient retention within watershed compartments

Our study highlights three main features that can promote a greater retention of P relative to N in these watersheds: (1) the annual water retention capacity of the landscape, (2) the presence of lakes and dams, and (3) the morphometry of reservoirs. While precipitation promotes downstream transport of nutrients, the water retention capacity of the landscape plays a critical role at buffering this export. The annual catchment water retention capacity (conceptualized and quantified here as the amount of runoff relative to precipitation), serves as an integrative metric of different watershed characteristics that influence water residence time and emerged as a strong predictor of nutrient export. As it depends on climate and landscape characteristics that influence water movement (such as precipitation, evapotranspiration, geomorphology and soil types), both annual runoff and precipitation entered as complementary predictors of nutrient export in our models. The negative coefficients observed for precipitation however showed that, for the same amount of annual runoff (keeping the runoff coefficient constant), relatively more precipitation remains in those basins configured in such a way that favors nutrient retention, especially with regards to P (Table 3; Fig. 3). Given that the interplay between hydrology, geomorphology and nutrient movement is so critical (Seitzinger et al. 2006; Kusmer et al. 2018), landscape compartments that retain water favour particle settling (of both N and P), the sorption of different nutrient forms, and microbial processes that can eliminate N from the systems. For example, wetlands act as important control points of N retention at the watershed scale (Hansen et al. 2018). Interestingly, there has been a marked change in land use in the St. Lawrence region, particularly with a dramatic loss in wetland cover in exchange for agricultural and urban development (Pellerin and Poulin 2013). In that sense, we observed a reduction in the annual water retention capacity within nearly half of our 18 watersheds throughout the study period (mean increase in R: P of 0.14), suggesting that 14% more water from precipitation made its way to the outlet in 2011 relative to 1986. These observations support a previous study that suggested catchment water balances in the St. Lawrence region are influenced predominantly by changes in land use (> 60%) rather than climate (Zhou et al. 2015). In terms of relative effect on N and P, we showed that this loss of water retention capacity through land use change would disproportionately favour P over N exports, thus lowering N: P ratios in downstream waters (Table 3).

In terms of altering the relative fluxes of N and P within aquatic networks, natural lakes and human made reservoirs tended to favour the retention of P over N. This pattern has also been observed in other systems (Alexander et al. 2008; Grantz et al. 2014). Watersheds with higher lake and dam density (on an areal basis) significantly retained P over N likely due to the effect of reduced hydraulic velocity on particle settling (Vollenweider 1976). In terms of reservoir morphometry, mean depth (ResZ) apparently did not alter N and P relative fluxes downstream in these watersheds, yet water basin shape did, as denoted by the Volume development metric (Dv). Bowl-shaped reservoirs favored P retention relative to N whereas broad systems with large areas of shallow waters had an increased capacity to retain N relative to P. Indeed, deeper systems are known to increase P settling and burial through increased water residence time (Saunders and Kalff 2001; Kõiv et al. 2011; Powers et al. 2015) while shallow systems tend to favor denitrification losses by increasing sediment-water contact (Stanley and Doyle 2002). Our study thus suggests that reservoir morphometry, and most likely that of lakes, influences the relative retention of N and P and ultimately the stoichiometric delivery to downstream waters and should be considered in future studies.

Nutrient legacies

Several results from our study revealed the likely contribution of legacy nutrients to contemporary riverine loads. The strong pulses of water delivery, either at daily or annual scales (storm events, spring freshet or wet years), highlight this legacy effect where nutrients accumulated in the landscape overtime are remobilized and transferred downstream. Annual fractional exports in several of our watersheds exceeded the generally accepted means of 25% for N and 5-10% for P (Hong et al. 2012; Swaney et al. 2012; Goyette et al. 2016), and even occasionally were > 100%, suggesting greater riverine exports relative to annual watershed inputs (Fig. 2). These fractions indicate the likely influence of legacy sources to contemporary loads (Goyette et al. 2018). Indeed, the relative increase in delivery of TSP and organic nitrogen forms under flashier climatic conditions also supports export of legacy stores via erosion.

Even though reservoirs can dampen nutrient enrichment of downstream waters in the short term, nutrient accumulation in the sediments of these human made systems over time may eventually result in the delivery of legacy sources (Nowlin et al. 2005; Teodoru and Wehrli 2005; Powers et al. 2015). Indeed, the presence of dams in our study basins appeared to favor N export. While this result might emerge from a statistical bias where dam density potentially co-varies with other drivers of nutrient transport not considered in this study, we think that the size of these dams and their ages may actually explain the legacy effect observed herein. Small dam reservoirs may act as sinks in their early years, but as nutrients accumulate over time, may potentially switch to net sources when nutrients are remobilized in the water column (Power et al. 2015), thus changing their role as control points. Most dams within our study watersheds are small and were constructed over 60 years ago with some prior to the 1900s (Centre d'Expertise Hydrique du Québec 2018), which support the possibility that nutrient retention capacity has been surpassed. Future work should consider at what moment under what circumstances do reservoirs of differing shapes tip from a nutrient sink to a nutrient source.

Results regarding the influence of watershed slope on nutrient export also suggest a contribution of legacy nutrients to riverine loads. When the amount of annual runoff and other land use characteristics were taken into account, accentuated downstream transport of P was observed in steeper watersheds likely as a function of the erosion of P-enriched soils and sediments with accumulated anthropogenic inputs, particularly under strong discharge pulses (Sharpley et al. 2013; Ockenden et al. 2016). In the case of N, legacies may operate in a more leaky and continuous manner through transient storage in groundwater (Hamilton 2012; Tesoriero et al. 2013; Van Meter and Basu 2015). The negative correlation between fractional export and watershed slope may reflect N legacies contributing to riverine loads in flat watersheds where water infiltration is favored (Soulsby et al. 2006; Price 2011) particularly through aquifers more prone to nitrate contamination due to intensive agriculture (Van Meter et al. 2017). Alternatively, this result may also reveal the effect of tile drainage that is a common practice in these flat agricultural watersheds (Kusmer et al. 2018), that may facilitate downstream transport of N (Billen and Garnier 1999), either coming from application in the same year or from legacy sources. Overall, the legacy effect appeared stronger for P than for N since *CVflow*, *Runoff* and *Slope* all influenced P delivery more strongly than N. This suggests the contribution of P legacies to be more sensitive to climate and potentially more pervasive through time relative to N legacies. Indeed, it has been suggested that N legacies may last a few decades (Sebilo et al. 2013; Tesoriero et al. 2013; Van Meter et al. 2018) whereas in the case of P, they may last for centuries (Carpenter 2005; Sharpley et al. 2013; Goyette et al. 2018). Thus, managing for legacy stores likely remains a challenge for long term sustainability of water quality in several of these basins.

Uncertainties and limitations

One limitation in our study is that precise NANI and NAPI information was only available during 5-year intervals (agricultural census years) whereas riverine loads and climate variables were available annually. Thus, NANI and NAPI per basin were interpolated between census years potentially presenting some uncertainty in our fractional export terms, which depends on both the riverine exports and inputs to the watersheds. However, NANI and NAPI estimates either varied little in the last 30 years, or if it did, linear trends were rather obvious per basin, supporting our approach. More importantly, inter-annual variability in fractional export was disproportionately driven by variability in riverine loads rather than by variability in NANI or NAPI (Fig. S7). Indeed, the standard deviations of riverine loads over time was much higher than of NANI/NAPI (mean SD across all 18 watersheds was 0.25 and 0.32 for riverine N and P loads, respectively and only 0.05 and 0.15 for NANI and NAPI, respectively; Fig. S7). Similar results were found in previous studies where uncertainty analyses showed changes in riverine N flux over time to be more related to changes in flow regime or land use rather than to NANI (McIsaac et al. 2001; Huang et al. 2014; Chen et al. 2016). Hong et al. (2012) also showed that the variability in NANI/NAPI estimates (due to region-specific parameters applied for the Baltic Sea Basin) had little influence on final estimates of fractional export. Although we acknowledge that some model error may be due to the interpolation of NANI/NAPI, we think that the variability in our annual fractional export estimates are valid given that this is largely driven by changes in annual flow.

Conclusion

Climate regimes and landscape features interact with human activities in complex ways that alter both the absolute magnitude of nutrient loads to rivers as well as their stoichiometric ratios. Understanding how both of these change along the aquatic continuum is essential to effectively tackle eutrophication at multiple spatial scales (Paerl 2009; Howarth et al. 2011). This requires a better understanding of what features alter the relative N and P fluxes throughout the watershed. Our study offers an integrative approach that identifies which key climate and landscape features act as differential control points of N and P fluxes at the annual timescale.

While lakes and reservoirs can play a significant role in retaining nutrients upstream, drivers that promote transport from land to water, such as anthropogenic nutrient surpluses, climate, and annual water retention capacity within the landscape, emerged as the dominant drivers of N and P transfers downstream. Water retention capacity of the watershed and lakes in the aquatic network are critical features that retain both elements, however P more so than N. Factors that favor erosion processes, such as flashiness, geomorphology and land-use will also alter the relative delivery of elements, largely mobilizing legacy sources of P as particulates. In light of these results, and given projections of increased precipitation and storm events due to climate change (IPCC 2014), combined with the expansion of urban development and agriculture that will reduce the landscape water retention capacity, P delivery downstream may be favoured over N.

Acknowledgements We thank JF Lapierre, M Botrel, N Fortin St Gelais and other members of the Maranger lab for helpful suggestions. We thank two anonymous reviewers for helpful comments that improved the manuscript. This research was supported by Fonds de Recherche Nature et Technologie du Québec (FQRNT) and Groupe de Recherche Interuniversitaire en Limnologie et environnement aquatique (GRIL) student scholarship Grants to JOG and a National Science and Engineering Research Council of Canada (NSERC) Discovery Grant to RM.

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